

Keynote Speaker of the 16th ISSP World Congress of Sport Psychology

Associate Professor Stewart Vella

- Associate Professor - Faculty of the Arts, Social Sciences and Humanities, School of Psychology, Wollongong, Australia
- Director of the Global Alliance for Mental Health and Sport at the University of Wollongong, Australia
- Most published researcher in the world on the topic of mental health and sport, and has over 100 scientific publications, over AUD\$14 million in research funding



Keynote topic

- Mental Health

Research interests

- Mental health interventions in sport, mental health guidelines, and psychological safety.
- Sport and exercise psychology, Sports medicine, Applied and development psychology, Health psychology

Experiences

- Extensive experience in psychology research and academia, with positions at the University of Wollongong since 2012, currently Associate Professor
- Leader of innovative mental health programs leveraging sport to promote resilience and suicide prevention in young men (Ahead of the Game, partnered with Rugby League World Cup 2021)
- Mental health expertise focuses on recognizing disorders, getting help, building resilience, overcoming challenges in sport and life, through work with Movember and other major men's health initiatives